



Physical Education
Long Term Planning Overview
2026-2027

Physical Education Long Term Planning Overview 2026 - 2027

Physical Education Long Term Plan Overview – EYFS		
Term	Nursery	Reception
Autumn		Locomotion: Walking and Jumping Ball Skills Hands 1:
Spring		Gymnastics: High, Low, Over, Under Dance: Nursery Rhymes
Summer		Ball Skills: Feet Games for Understanding

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Physical Education Long Term Plan Overview – KS1		
Term	Year 1	Year 2
Autumn	Locomotion: Running Gymnastics: Wide, Narrow, Curled Ball Skills Hands 1 Dance: Growing	Locomotion: Dodging Gymnastics: Linking Ball Skills: Hands 1 Dance: Water
Spring	Ball Skills Feet Gymnastics: Body Parts Ball Skills Hands 2 Dance: The Zoo	Ball Skills: Feet Gymnastics: Pathways Ball Skills: Hands 2 Dance: Explorers
Summer	Locomotion: Jumping Games for Understanding Team Building Health and Wellbeing	Locomotion: Jumping Games for Understanding Team Building Health and Wellbeing

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Physical Education Long Term Plan Overview – LKS2		
Term	Cycle A (27-28) Year 4	Cycle B (26-27) Year 3
Autumn	Invasion: Netball Swimming Gymnastics: Bridges Invasion: Handball Dance: Cats	Invasion: Netball Swimming Gymnastics: Symmetry and Asymmetry Invasion: Handball Dance: Wild Animals
Spring	Invasion: Basketball OAA: Communication Invasion: Tag Rugby Dance: Space	Invasion: Basketball OAA: Communication Invasion: Tag Rugby Dance: Weather
Summer	Striking and Fielding: Rounders OAA: Problem Solving Net and Wall: Tennis Athletics	Striking and Fielding: Rounders OAA: Problem Solving Net and Wall: Tennis Athletics

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Physical Education Long Term Plan Overview - UKS2		
Term	Cycle A (27-28) Year 5	Cycle B (26-27) Year 6
Autumn	Invasion: Netball Gymnastics: Counter Balance and Counter Tension Invasion: Football Dance: The Circus	Invasion: Netball Gymnastics: Matching and Mirroring Invasion: Football Dance: Carnival
Spring	Invasion: Tag Rugby Health Related Exercise Invasion: Hockey OAA: Communication	Invasion: Basketball Health Related Exercise Invasion: Hockey OAA: Orienteering
Summer	Striking and Fielding: Rounders Striking and Fielding: Cricket Net and Wall: Tennis Athletics	Striking and Fielding: Rounders Striking and Fielding: Cricket Net and Wall: Tennis Athletics