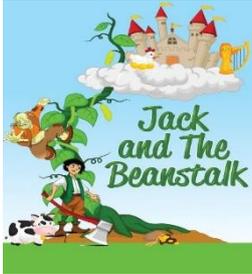


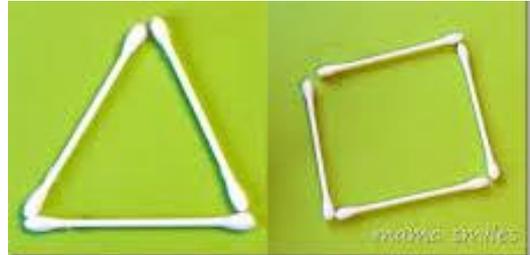
Personal, Social and Emotional Challenges	Communication and Language Challenges
<ul style="list-style-type: none"> <li>Let your child choose an activity each day that they would like to do.</li> <li>Encourage your child to prepare simple meals with you.</li> <li>To continue to play turn-taking games such as snap.</li> <li>Be a good citizen - what can you do to help your adult at home? Can you help with the washing up, cleaning or some gardening?</li> </ul> 	<ul style="list-style-type: none"> <li>Rhyme Time! Can you find some objects that sound the same for example clock/sock, hat/cat.</li> <li>Continue practicing different Nursery Rhymes. Can you teach your favourite rhyme to a family member?</li> <li>Listen to music with your family. Can you all clap along to the beat?</li> <li>Share the story 'Jack and the Beanstalk'. I wonder if you can join in with the repeated refrains "Fee Fi Fo Fum".</li> </ul> 
Physical Challenges	Mathematics Challenges
<ul style="list-style-type: none"> <li>Put on some music and dance alone to it - add an extra learning opportunity by using scarves and/or ribbons to dance with.</li> <li>Learn to use your cutlery correctly and cut up your own food. It might be a good idea to try this with playdough first and then soft food... this will really help prepare your child for Upper Foundation Stage!</li> <li>Place some flour or sand in a shallow tray. Make patterns in the flour such as lines, zig-zags, circles and faces. You could challenge yourself further by forming letters from your name as well as writing some numbers.</li> <li>Make your very own balloon puppy and take it for some exercise in</li> </ul>	<ul style="list-style-type: none"> <li>I wonder how many soft toys you have at home? Find them all and arrange them in size order. Which one is the smallest? Which one is the biggest?</li> <li>Play 'What's the time Mr Wolf?'. Adult to support child to write numbers on big pieces of paper. Play that game again, but this time Mr Wolf has to hold up the number rather than say the time. Can you recognise all the numbers?</li> <li>How many different types of beans can you think of...I wonder if you can grow any? Can you grow a beanstalk as tall as the one from the Jack and the Beanstalk story?</li> </ul>

your garden. All you need is a balloon, some paper, some ribbon or string, tape and a permanent marker.

1. Blow up your balloon.
2. Draw a puppy face on the front.
3. Tie the lead on.
4. Make paper ears and a tail and stick them on with tape.



- Make 2D shapes using straws, sticks or cotton buds. Can you make a triangle, square and a rectangle? What can you tell your grown up about these shapes? You won't be able to make a circle can you tell your grown up why?



### Literacy Challenges

- Can you draw a picture of your house and all the people who live in it?
- Paint, draw, or collage a picture of a 'real life superhero'.
- Choose your favourite book and read it to your grown up using the pictures to help retell the story.
- Find a toy animal and draw around the shadow. When you are finished can your grown up guess the animal? Leave the drawing and your toy animal in the same place. A question for you think about is 'Will the shadow stay in the same place? What do you think and why?'



### Understanding the World Challenges

- Find out a new fact about something you are really interested in and share it on Tapestry.
- Can you find different types of technology in your house? What is it used for e.g. microwave, washing machine?
- Can you build a den? Explore light and dark in your den by making shadows with torches.



## Expressive Arts and Design Challenges

- Andy Goldsworthy is an artist who used natural objects to make pictures. He didn't use paint, or glue or scissors. He just used pebbles, leaves and twigs he found outside. Then he arranged them in a beautiful way. I wonder if you can create a picture in his style in your garden and send in a photo to Tapestry.
- Let your child use wooden spoons, whisks, pots, pans, pastry bushes to explore the different way sounds can be made. Discuss how different materials make different sounds e.g. is metal on metal different to wood on metal or plastic. Can you encourage your child to tap out a simple rhythm?
- Use junk modelling resources to create your own emergency vehicle. Think about the features it will need: hoses, lights, sirens, bright colours etc.

