

QUALITY OF EDUCATION
Physical Education Curriculum Overview
2023-2024

Physical Education Curriculum Yearly Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	Locomotion, Gymnastics, Ball Skills		Ball Skills, Dance		Locomotion, Games for Understanding, Team Building, Health & Well Being	
	Locomotion- Running 1 Gymnastics- Wide, narrow, curled Ball Skills- Hands 1 Gymnastics- High, low, over, under		Ball Skills- Feet Dance- Growing Ball Skills- Hands 2 Dance- The Zoo		Locomotion- Jumping Games for Understanding Team Building Health & Well Being	
2	Locomotion, Gymnastics, Ball Skills		Ball Skills, Dance		Locomotion, Games for Understanding, Team Building, Health & Well Being	
	Locomotion- Dodging Gymnastics- Linking Ball Skills- Hands 1 Gymnastics- Pathways		Ball Skills- Feet Dance- Water Ball Skills- Hands 2 Dance- Explorers		Locomotion- Jumping Games for Understanding Team Building Health & Well Being	
3	Invasion, Gymnastics, OAA		Invasion, Dance		Net/Wall, Striking & Fielding, OAA, Athletics	
	Invasion- Netball Gymnastics- Symmetry and Asymmetry Invasion- Handball OAA- Communication		Invasion- Basketball Dance- Cats Invasion- Tag Rugby Dance- Space		Striking and Fielding- Rounders OAA: Problem Solving Net and Wall- Tennis Athletics	
4	Invasion, Gymnastics, OAA		Invasion, Dance		Net/Wall, Striking & Fielding, OAA, Athletics	
	Invasion- Netball Gymnastics- Symmetry and Asymmetry Invasion- Handball OAA- Communication		Invasion- Basketball Dance- Cats Invasion- Tag Rugby Dance- Space		Striking and Fielding- Rounders OAA: Problem Solving Net and Wall- Tennis Athletics	
5	Invasion, Gymnastics, Health Related Exercise		Invasion, Dance, OAA		Net/Wall, Striking & Fielding, Athletics	
	Invasion- Netball Gymnastics- Counter Balance and Counter Tension Invasion- Football Health Related Exercise		Invasion- Tag Rugby Dance- The Circus Invasion- Hockey OAA: Communication		Striking and Fielding- Rounders Striking and Fielding- Cricket Net and Wall- Tennis Athletics	
6	Invasion, Gymnastics, Health Related Exercise		Invasion, Dance, OAA		Net/Wall, Striking & Fielding, Athletics	
	Invasion- Netball Gymnastics- Matching and Mirroring Invasion- Football Health Related Exercise		Invasion- Basketball Dance- Carnival Invasion- Hockey OAA: Orienteering		Striking and Fielding- Rounders Striking and Fielding- Cricket Net and Wall- Tennis Athletics	