

Personal, Social and Emotional Challenges	Communication and Language Challenges
<ul style="list-style-type: none"> Play a game with a family member, practise taking turns and following the rules. Give thirty minutes of your time to help somebody in your home. Make a list of the things that people say you can help with and carry out the jobs on your list. Cut out five paper hearts write something you are grateful for in each heart. Share your hearts with your family. Display them and add to them every time you think of something else you are grateful for. 	<ul style="list-style-type: none"> Imagine you are an explorer on an adventure through the jungle. Talk to a grown up about what you can hear, see and smell. How do you feel? What equipment do you need to pack in your back pack? Phone or video call a relative or friend. Plan some questions you'd like to ask them. Find somewhere to sit for 30 seconds. Keep very still and listen. Investigate the sounds that surround you. What can you hear? Listen again in again in a different location. 

Physical Challenges

- Plan and create an obstacle course of simple exercises using items you have in and around your house. Some ideas include jumping jacks, running on the spot, squats, touching your toes, bouncing a ball and hula hooping. Create clear instruction cards for each exercise with a picture. Challenge your family to a 20 minute fitness session.
- Choose a favourite song or piece of music and invent a new dance. Move high, low, from side to side, twirl, jump and keep to the beat. Practice your moves and teach it to someone in your household.
- Explore travelling in a range of ways - which way was your favourite? Can you think of any more ways to travel?



Mathematics Challenges

Use flashcards given at parents evening

- Order numbers to 20 - which number would come next?
- Choose 3 numbers and put them in order e.g. 9, 1, 17. Challenge can you add one more number in to order
- Choose two numbers and add them together. Remember you can use objects from around the home to help you - pasta or toys are great!
- Choose two numbers to subtract. Remember to put the largest number first and use objects to help you.
- Spot 2D and 3D shapes out in the environment

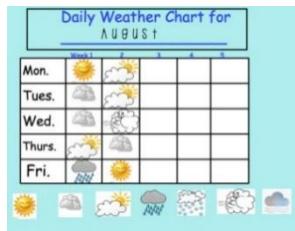


(garden, on a walk) Challenge can you have a go at drawing the shapes you see - can you talk about the properties?

- Order items in your house by their length, height and weight
- Set up a shop with play or real money and things to sell. Ask an adult to help you to write a price list. Write a sign for your shop and get ready to serve your customers. What are your best sellers? Do you need to restock your shop? Discuss how much different coins are worth - can you use money to pretend to pay



for items?

Literacy Challenges	Understanding the World Challenges																																																
<ul style="list-style-type: none"> • Write a diary of what you have done over your time at home - can write the days of the week? • Write key words or facts about the jungle - which animals might we find in the jungle? • Write key words or facts about Space - can you draw and label the planets? Can you draw and label an astronaut and their rocket? • Write your own story pretending to be an explorer - where did you go? What did you see? 	<ul style="list-style-type: none"> • Discuss the animals an explorer might see in the jungle - what are their natural habitats? • Investigate the planets - which planet do we live on? How is our planet different to the other planets? • Create a daily weather chart • Collect a range of toys and other objects. Can you sort them into two groups, those you push and those you pull? Draw and label the toys and objects in each group. • Fill a tub with water and collect a range of everyday items. Test the items to see if they float or sink and sort them into two groups. Record the two groups using a table or diagram. • Use building bricks or natural materials to create a tricky maze for a toy car. Close your eyes. Can you listen carefully and follow instructions from a grown up to move your car around your maze? • Choose an animal toy and find out where the animal sleeps or rests in the wild. Write or draw a picture about what you've learned. Now, carefully choose some materials to make a comfy den or bed for your animal toy, just like they have in the wild.  <table border="1" data-bbox="1163 752 1458 898"> <caption>Daily Weather Chart for AUGUST</caption> <thead> <tr> <th></th> <th>Sun</th> <th>Cloudy</th> <th>Rain</th> <th></th> <th></th> <th></th> <th></th> </tr> </thead> <tbody> <tr> <td>Mon.</td> <td>sun</td> <td>cloudy</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Tues.</td> <td>cloudy</td> <td>sun</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Wed.</td> <td>cloudy</td> <td>cloudy</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Thurs.</td> <td>cloudy</td> <td>rain</td> <td>sun</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Fri.</td> <td>rain</td> <td>sun</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> <p data-bbox="1163 898 1458 927"> </p>		Sun	Cloudy	Rain					Mon.	sun	cloudy						Tues.	cloudy	sun						Wed.	cloudy	cloudy						Thurs.	cloudy	rain	sun					Fri.	rain	sun					
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Expressive Arts and Design Challenges

- Draw your favourite jungle animal
- Draw or paint your favourite minibeast - you could sit in the garden and do an observational drawing
- Create your own jungle animal mask - you could cut out the eyes and mouth and attach string
- Make a rocket - you could use old kitchen roll tubes
- Make your own soft dough for model making using the following method. Mix 8 tbsp plain flour with 2 tbsp table salt. Add 60ml warm water, food colouring and 1 tbsp vegetable oil. Mix everything together carefully and start modelling.
- Look carefully at your face in the mirror or the face of someone in your family. Recreate it as a drawing, painting, collage or sculpture. Remember to include the main features like eyes, ears, nose, mouth and hair.

