



# Relationships & Sex Education

## A Guide for Parents

### 2022-2023

# Department For Education Requirements

**The Department for Education is introducing compulsory Relationship Education for primary pupils and Relationship Sex Education (RSE) for secondary pupils from September 2020 for the following reasons:**

*All children (should) grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated –these changes bring the content into the 21st century, so that it is relevant for your child.*

# Department For Education Requirements

Schools have the flexibility to deliver the content in a way that is age and developmentally appropriate and sensitive to the needs and religious background of its pupils. It is therefore compulsory for primary schools to teach Relationships Education and Health Education.

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## Relationships Education

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, your child's school will cover how to treat each other with kindness, consideration and respect.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

You can find further detail by searching '**relationships and health education**' on GOV.UK.

# Department For Education Requirements

## Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.



By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

You can find further detail by searching '**relationships and health education**' on GOV.UK.

# How the RSE Curriculum will look at Oyster Park Primary Academy

## Intent

At Oyster Park Primary Academy, good relationships are fundamental to our ethos. Relationships and Sex Education (RSE) is lifelong learning about relationships, emotions, looking after ourselves, different families, sex, sexuality and sexual health. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes. RSE has a key part to play in the personal, social, moral and spiritual development of young people.

# How the RSE Curriculum will look at Oyster Park Primary Academy

## Intent

We intend to:

- Provide a framework in which sensitive discussions can take place
- Teach children the correct vocabulary to describe themselves and their bodies
- Develop confidence in talking about feelings and relationships
- Help children develop feelings of self-respect, confidence and empathy
- Have the confidence and self-esteem to value themselves and others
- Prepare children for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Create a positive culture around issues of relationships and sexuality
- Understand about the diverse range of different relationships, and families, and their importance for the care and support of children
- Behave responsibly within relationships
- Be able to recognise unsafe situations and be able to protect themselves and ask for help and support
- Understand the role of the media in forming attitudes
- Understand that offence can be caused by the use of sexual terms as an insult

# How the RSE Curriculum will look at Oyster Park Primary Academy

## Implementation- What is in place already?

- Oyster Park Primary Academy, many relationship aspects are covered through our bespoke social skills programme which helps to equip them with knowledge, understanding and practical skills, appropriate to their age and maturity, in order to live healthy, safe, fulfilled and responsible lives.
- Relationships and Sex Education may be taught discretely in Years 5 and 6. However, some biological aspects covered in Science and PSHE also enables children and young people to reflect on and clarify their own values and attitudes, and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.
- In addition, linked with R.E, children reflect on family relationships, different family groups and friendships. They learn about rituals and traditions associated with birth, marriage and death and talk about the emotions involved.

# How the RSE Curriculum will look at Oyster Park Primary Academy

## Implementation- Coverage

### Implementation -Coverage

We have chosen to follow the CWP schemes of work, which has been quality assured by the PSHE training association. It is a comprehensive scheme of work which has lesson plans and resources from Reception to Year 6. Within the resource there is an increased focus on safeguarding/keeping children safe. The resource also encourages children to develop the skills of listening, empathy, talking about feelings and relationships with families and friends.

The resources in this scheme are age and developmentally appropriate.  
***PSHE Association Training and Development Lead Jenny Barksfield says:***

*“We awarded the Christopher Winter Project’s ‘Teaching SRE with confidence in Primary Schools’ our quality mark as it achieves exactly what it says on the tin: it provides everything a Primary practitioner would need to be confident that the SRE they’re providing is comprehensive, balanced, developmental and in line with best practice in PSHE teaching and learning. The lessons incorporate a wide variety of learning activities and a range of assessment opportunities. The teacher’s guide is thorough and supportive.”*



# How the RSE Curriculum will look at Oyster Park Primary Academy

## Implementation - Coverage

<p><b>Reception</b> <b>Family and Friendship</b></p> <p>Lesson 1: <b>Caring Friendships</b> Lesson 2: <b>Being Kind</b> Lesson 3: <b>Families</b></p>	<p><b>Year 1</b> <b>Growing and Caring For Ourselves</b></p> <p>Lesson 1: <b>Different Friends</b> Lesson 2: <b>Growing &amp; Changing</b> Lesson 3: <b>Families &amp; Care</b></p>	<p><b>Year 2</b> <b>Differences</b></p> <p>Lesson 1: <b>Differences</b> Lesson 2: <b>Male &amp; Female Animals</b> Lesson 3: <b>Naming Body Parts</b></p>
<p><b>Year 3</b> <b>Valuing Difference and Keeping Safe</b></p> <p>Lesson 1: <b>Body Differences</b> Lesson 2: <b>Personal Space</b> Lesson 3: <b>Help and Support</b></p>	<p><b>Year 4</b> <b>Growing Up</b></p> <p>Lesson 1: <b>Changes</b> Lesson 2: <b>What is Puberty?</b> Lesson 3: <b>Healthy Relationships</b></p>	<p><b>Year 5</b> <b>Puberty</b></p> <p>Lesson 1: <b>Talking about Puberty</b> Lesson 2: <b>The Reproductive System</b> Lesson 3: <b>Help and Support</b></p>
<p><b>Year 6</b> <b>Puberty, Relationships &amp; Reproduction</b></p> <p>Lesson 1: <b>Puberty &amp; Reproduction</b> Lesson 2: <b>Communication in Relationships</b> Lesson 3: <b>Families, Conception &amp; Pregnancy</b> Lesson 4: <b>Online Relationships</b></p>		

# How the RSE Curriculum will look at Oyster Park Primary Academy

Scheme of Work		Reception Our Lives EYF5	
<p><b>Word Box:</b> Clean, unclean, clean, messy, fungal, sponge, towel, bath, toothpaste, toothbrush, hairbrush, comb, safety, match, dust, bacteria, catch, germs, wash, soap, spread.</p>			
<p><b>Early Learning Goals: Personal Development</b> Health and self-care</p>	<p><b>Learning Intention:</b> To consider the causes and patterns of a typical day</p> <p><b>Learning Outcomes:</b> Understand some words to which the children can look after themselves e.g. cleaning and washing</p>	<p><b>Lesson 1</b> <b>Our Day</b></p>	<p><b>Classroom Activities:</b> Give paper <b>Our Day</b></p>
<p><b>Early Learning Goals: Personal Development</b> Health and self-care</p>	<p><b>Learning Intention:</b> To understand why hygiene is important</p> <p><b>Learning Outcomes:</b> Explain why it is important to keep clean. Understand some basic hygiene practices</p>	<p><b>Lesson 2</b> <b>Keeping Clean and Healthy</b></p>	<p><b>Classroom Activities:</b> Items related to hygiene, e.g. toothbrush, sponge, towel, toothpaste, hairbrush, hairbrush, comb, brush</p> <p><b>Supportive Class Pictures:</b> The Clean Day, Bathroom Day</p> <p><b>Additional Activities:</b> Roleplay correct skills Supporting reading: The Boy Who Washed His Hands, Super Heroes</p>
<p><b>Personal Development: Emotional Development</b> Being Resilient</p>	<p><b>Learning Intention:</b> To recognise that all families are different</p> <p><b>Learning Outcomes:</b> Identify different ways some of the family members in a family can help each other</p>	<p><b>Lesson 3</b> <b>Family</b></p>	<p><b>The Family Book, Scribble</b> <b>Family Pictures</b> Paper for drawing pictures</p> <p><b>Additional Activities:</b> Supporting reading: All Kinds of Families, My Family, My Family All Kinds of Families, My Family</p>

# How the RSE Curriculum will look at Oyster Park Primary Academy

Year 1

## Growing & Caring For Ourselves

Word Bank: *Team work, effort, help, fair play, rules, friends, adults, girls, boys, rights*

### Scheme of Work

Unit/Progression of Study/Key Theme/Health and Wellbeing	Learning Intentions and Learning Outcomes	Lesson Title	Resources
<p><b>Unit: Progression of Study: Core Theme 1: Health and Wellbeing</b></p> <ul style="list-style-type: none"> <li>- the importance of nutrition to maintain personal hygiene</li> <li>- about the process of growing from young child and how government health advice</li> <li>- the roles for the main parts of the body including selected joints, the skeleton and differences between boys and girls</li> <li>- about gender role both after birth, how fertility naturally, when we get to 18 years old, pregnancy, ways that people can help those people or look after them.</li> </ul>	<p><b>Learning Intentions and Learning Outcomes</b></p> <p><b>Learning Intention:</b> To understand what a healthy system consists</p> <p><b>Learning Outcomes:</b> Know how to keep their system clean and healthy</p>	<p><b>Lesson 1</b> <a href="#">Growing Child</a></p>	<p><b>Resources:</b> Talking objects Story bag containing: orange, toothbrush and soap Small school paper or card of evidence <a href="#">Lesson 1 plan</a></p>
	<p><b>Learning Intention:</b> To explore the concept of growing and changing</p> <p><b>Learning Outcomes:</b> Understand that bodies become stronger and differently Know the differences between boys and girls</p>	<p><b>Lesson 2</b> <a href="#">Growing and Changing</a></p>	<p><b>Resources:</b> Talking objects Story bag containing: 20 bones of someone's body <a href="#">Lesson 2 plan</a> <a href="#">Lesson 2 evidence summary</a></p>
	<p><b>Learning Intention:</b> To explore different types of families and who to ask for help</p> <p><b>Learning Outcomes:</b> Know there are different types of families Know when to ask for help</p>	<p><b>Lesson 3</b> <a href="#">Families and Care</a></p>	<p><b>Resources:</b> Talking objects Story bag - containing: plates and spoons, paper <a href="#">Lesson 3 plan</a> The Family Book, Toilet Paper A collection of photos Suggestion writing Fingerprints, After Activity What is a Family? About Six etc</p>

# How the RSE Curriculum will look at Oyster Park Primary Academy

Scheme of Work		Year 2 Differences Key Stage 1	
Word Box: Similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vagina			
<p><b>PSHE Programme of Study</b> <b>Core Theme 1: Health and Wellbeing</b></p> <ul style="list-style-type: none"> <li>about the process of growing from young to old and how people's needs change</li> <li>the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls</li> </ul> <p><b>Science Attainment Targets</b></p> <ul style="list-style-type: none"> <li>notice that animals, including humans, have offspring which grow into adults</li> </ul>	<p><b>Learning Intentions and Learning Outcomes</b></p> <p><b>Learning Intention</b> To introduce the concept of male and female and gender stereotypes To identify differences between males and females</p> <p><b>Learning Outcomes</b> Understand that some people have fixed ideas about what boys and girls can do Describe the difference between male and female babies</p>	<p><b>Lesson Title</b></p> <p>Lesson 1 <a href="#">Differences: Boys &amp; Girls</a></p>	<p><b>Resources</b></p> <p>2 large PE hoops <a href="#">Boy/Girl/Both labels</a> Bag of objects and clothing to explore male and female or <a href="#">Pictures of objects and clothing</a> <a href="#">Clothed Babies picture cards</a> <a href="#">Clothed Babies whiteboard summary</a> <a href="#">Pictures of newborn babies</a></p> <p><b>Additional Activities</b> Recommended reading: <i>Happy Families</i>, Allan Ahlberg, <i>Princess Smartypants</i>, Babette Cole <i>William's Doll</i>, Charlotte Zolotow <i>Amazing Grace</i>, Mary Hoffman and Caroline Binch</p>
	<p><b>Learning Intention</b> To explore some of the differences between males and females and to understand how this is part of the lifecycle</p> <p><b>Learning Outcomes</b> Describe some differences between male and female animals Understand that making a new life needs a male and a female</p>	<p>Lesson 2 <a href="#">Differences: Male and Female</a></p>	<p>Talking object <a href="#">Pictures of male and female animals</a> <a href="#">Cats and Kittens worksheet</a> Anatomically correct toy farm animals <a href="#">www.toysnfun.co.uk</a></p>
	<p><b>Learning Intention</b> To focus on sexual difference and name body parts</p> <p><b>Learning Outcomes</b> Describe the physical differences between males and females Name the male and female body parts</p>	<p>Lesson 3 <a href="#">Naming the Body Parts</a></p>	<p>2 large PE Hoops <a href="#">Hoop labels</a> <a href="#">Body Parts picture cards</a> <a href="#">Female x-ray picture</a> <a href="#">Body Parts worksheet</a></p> <p><b>Additional Activities</b> Recommended reading: <i>Cinderella's Bum</i>, Nicholas Allan <i>Shapesville</i>, Andy Mills <i>It's OK to be Different</i>, Todd Parr</p>

# How the RSE Curriculum will look at Oyster Park Primary Academy

Year 3

## Valuing Difference and Keeping Safe Key Stage 2

### Scheme of Work

**Word Box:** Stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vagina, womb, family, fostering, adoption, relationship

PSHE Programme of Study	Learning Intentions and Learning Outcomes	Lesson Title	Resources
<p><b>Core Theme 1: Health and Wellbeing</b></p> <ul style="list-style-type: none"> <li>the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls</li> <li>to recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong</li> </ul> <p><b>Core Theme 2: Relationships</b></p> <ul style="list-style-type: none"> <li>to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage</li> <li>to judge what kind of physical contact is acceptable or unacceptable and how to respond</li> </ul>	<p><b>Learning Intention</b> To explore the differences between males and females and to name the body parts</p> <p><b>Learning Outcomes</b> Know some differences and similarities between males and females Name male and female body parts using agreed words</p>	<p><b>Lesson 1</b> <a href="#">Differences: Male and Female</a></p>	<p><a href="#">Clothed Babies picture cards</a> <a href="#">Pictures of male and female bodies</a> <a href="#">Male and female matching cards</a></p> <p>Additional Activities <i>Cinderella's Bum</i>, Nicholas Allan <i>Shapesville</i>, Andy Mills <i>Let's Grow with Nisha and Joe</i>, fpa <a href="http://www.fpa.org.uk/Shop">www.fpa.org.uk/Shop</a></p>
	<p><b>Learning Intention</b> To consider touch and to know that a person has the right to say what they like and dislike</p> <p><b>Learning Outcomes</b> Identify different types of touch that people like and do not like Understand personal space Talk about ways of dealing with unwanted touch</p>	<p><b>Lesson 2</b> <a href="#">Personal Space</a></p>	<p>A bag of textured objects to touch, for example sandpaper, cotton wool, play dough, silky material, a pebble etc.</p> <p><a href="#">Year 3 Problem Pages</a></p>
	<p><b>Learning Intention</b> To explore different types of families and who to go to for help and support</p> <p><b>Learning Outcomes</b> Understand that all families are different and have different family members Identify who to go to for help and support</p>	<p><b>Lesson 3</b> <a href="#">Family Differences</a></p>	<p><a href="#">Families pictures</a> <a href="#">Who can I talk to? worksheet</a> <i>The Family Book</i>, Todd Parr</p> <p>Additional Activities <i>Tell Me Again About The Night I Was Born</i>, Jamie Lee Curtis <i>Who's In a Family?</i> Robert Skutch <i>Happy Families</i>, Allan Ahlberg <i>Spark Learns to Fly</i>, Judith Faxon <i>Stranger Danger</i>, Anne Fine</p>

# How the RSE Curriculum will look at Oyster Park Primary Academy

Year 4 Growing Up <small>Key Stage 2</small>			
Scheme of Work			
Word Box: Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings			
<p><b>PSHE Programme of Study Core Theme 1: Health and Wellbeing</b></p> <ul style="list-style-type: none"> <li>how their body will, and emotions may, change as they approach and move through puberty</li> <li>to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them</li> <li>about human reproduction</li> </ul> <p><b>Science Attainment Targets</b></p> <ul style="list-style-type: none"> <li>describe the changes as humans develop to old age</li> </ul>	<p><b>Learning Intentions and Learning Outcomes</b></p> <p><b>Learning Intention</b> To explore the human lifecycle</p> <p><b>Learning Outcomes</b> Describe the main stages of the human lifecycle Describe the body changes that happen when a child grows up</p>	<p><b>Lesson Title</b></p> <p>Lesson 1 <a href="#">Growing and Changing</a></p>	<p><b>Resources</b></p> <p><a href="#">Lifecycle pictures</a> <a href="#">Lifecycle word cards</a> <a href="#">What has changed? worksheet</a> <a href="#">Lifecycle Quiz slides</a> <a href="#">Lifecycle Quiz answers</a></p> <p><b>Additional Activities</b> <a href="#">Babies and Children worksheet</a></p>
	<p><b>Learning Intention</b> To identify some basic facts about puberty</p> <p><b>Learning Outcomes</b> Discuss male and female body parts using agreed words Know some of the changes which happen to the body during puberty</p>	<p><b>Lesson Title</b></p> <p>Lesson 2 <a href="#">What is Puberty?</a></p>	<p><a href="#">Body Part Bingo cards</a> <a href="#">Bingo Flash cards</a> <a href="#">Body Changes pictures</a> <a href="#">Our Bodies worksheet</a></p>
	<p><b>Learning Intention</b> To explore how puberty is linked to reproduction</p> <p><b>Learning Outcomes</b> Know about the physical and emotional changes that happen in puberty Understand that children change into adults so that they are able to reproduce.</p>	<p><b>Lesson Title</b></p> <p>Lesson 3 <a href="#">Puberty Changes and Reproduction</a></p>	<p>Story bag items (see lesson plan) Book: <i>Hair in Funny Places</i>, Babette Cole <a href="#">Body Changes worksheet</a></p> <p><b>Additional Activities</b> Suggested reading: <i>Where Willy Went</i>, Nicholas Allan <i>Amazing You!</i> Gail Saltz <a href="http://www.bbc.co.uk/science/humanbody/body_interactives/lifecycle/teenagers/">http://www.bbc.co.uk/science/humanbody/body_interactives/lifecycle/teenagers/</a></p>

# How the RSE Curriculum will look at Oyster Park Primary Academy

Scheme of Work		Year 5 Puberty Key Stage 2	
Word Box: Puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels, wet dreams, semen, erection, sweat, breasts, spots, pubic hair, facial hair, underarm hair, sexual feelings			
<p><b>PSHE Programme of Study</b></p> <p><b>Core Theme 1: Health and Wellbeing</b></p> <ul style="list-style-type: none"> <li>how their body will, and emotions may, change as they approach and move through puberty</li> <li>to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them</li> </ul> <p><b>Core Theme 2: Relationships</b></p> <ul style="list-style-type: none"> <li>to feel confident to raise their own concerns, to recognise and care about other people's feelings</li> </ul> <p><b>Science Attainment Targets</b></p> <ul style="list-style-type: none"> <li>describe the changes as humans develop to old age</li> </ul>	<p><b>Learning Intentions and Learning Outcomes</b></p> <p><b>Learning Intention</b> To explore the emotional and physical changes occurring in puberty</p> <p><b>Learning Outcomes</b> Explain the main physical and emotional changes that happen during puberty Ask questions about puberty with confidence</p>	<p><b>Lesson Title</b></p> <p>Lesson 1 <a href="#">Talking About Puberty</a></p>	<p><b>Resources</b></p> <p><a href="#">Puberty Changes Teacher Guide</a>  <a href="#">Pictures of male and female reproductive organs</a>  <a href="#">Anonymous questions template</a>                      Additional Activities                      Changes DVD: All About Us: Living and Growing, Alternative, Unit 2, Programme 4, <a href="http://www.channelflearning.com/">http://www.channelflearning.com/</a>                      Sheets of flipchart paper for body outlines</p>
	<p><b>Learning Intention</b> To understand male and female puberty changes in more detail</p> <p><b>Learning Outcomes</b> Understand how puberty affects the reproductive organs Describe how to manage physical and emotional changes</p>	<p><b>Lesson Title</b></p> <p>Lesson 2 <a href="#">Male and Female Changes</a></p>	<p><a href="#">Pictures of male and female reproductive organs</a>  <a href="#">Puberty Changes Teacher Guide</a>                      Menstrual cycle animation  <a href="#">Male pictures</a>  <a href="#">Puberty Card Game</a>  <a href="#">Puberty Card Game answer sheet</a>  <a href="#">Puberty Card Game whiteboard summary</a>                      Model materials: spaghetti(fallopian tubes) and poppy seeds (eggs)                      Selection of sanitary wear (tampons, sanitary towels, party liners)                      Anonymous questions from Lesson 1                      Additional Activities  <a href="http://www.bbc.co.uk/science/humanbody">www.bbc.co.uk/science/humanbody</a>  <a href="#">What is the Menstrual Cycle? cards</a>  <a href="#">What is the Menstrual Cycle? whiteboard summary</a>  <a href="#">The Menstruation Card Game for Girls and Answers</a>  <a href="#">Menstruation Card Game whiteboard summary</a></p>
	<p><b>Learning Intention</b> To explore the impact of puberty on the body &amp; the importance of hygiene</p> <p>To explore ways to get support during puberty</p> <p><b>Learning Outcomes</b> Explain how to keep clean during puberty Explain how emotions change during puberty Know how to get support and help during puberty</p>	<p><b>Lesson Title</b></p> <p>Lesson 3 <a href="#">Puberty and Hygiene</a></p>	<p>Kim's Game items and a cloth to cover them (see lesson plan)  <a href="#">Kim's Game Teacher Guide</a>  <a href="#">Year 5 Puberty Problem Page</a>  <a href="#">Year 5 Puberty Problem Page cut-outs</a>  <a href="#">Problem Page Teacher Guide</a>                      Anonymous questions from Lesson 1                      Additional Activities  <a href="#">Puberty Rings</a></p>

# How the RSE Curriculum will look at Oyster Park Primary Academy

Year 6

Puberty, Relationships and Reproduction Key Stage 2

## Scheme of Work

**Word Box:** Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal/private information, internet safety.

PSHE Programme of Study Core Theme 1: Health and Wellbeing	Learning Intentions and Learning Outcomes	Lesson Title	Resources
<ul style="list-style-type: none"> <li>• how their body will, and emotions may, change as they approach and move through puberty</li> <li>• about human reproduction</li> <li>• the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others</li> </ul> <p style="color: #4F81BD; font-weight: bold; margin-top: 10px;">Core theme 2: Relationships</p> <ul style="list-style-type: none"> <li>• to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage</li> <li>• to recognise what constitutes positive healthy relationships and develop the skills to form them.</li> </ul>	<p><b>Learning Intention</b> Learning Intention To consider puberty and reproduction</p> <p><b>Learning Outcomes</b> Describe how and why the body changes during puberty; in preparation for reproduction Talk about puberty and reproduction with confidence</p>	<p>Lesson 1 <a href="#">Puberty and Reproduction</a></p>	<p><b>Resources</b> <a href="#">Puberty Changes Teacher Guide</a> <a href="#">Puberty Body Part cards</a> <a href="#">Reproduction question sheet</a> <a href="#">Reproduction answer cards</a> <a href="#">Reproduction whiteboard summary</a></p> <p>Additional Activities <a href="#">Year 6 Puberty Problem Page</a> <a href="#">Year 6 Puberty Problem Page Cut-outs</a> <a href="#">Year 6 Puberty Problem Page Teacher Guide</a></p>
	<p><b>Learning Intention</b> Consider physical &amp; emotional behaviour in relationships</p> <p><b>Learning Outcomes</b> Discuss different types of adult relationships with confidence. Know what form of touching is appropriate</p>	<p>Lesson 2 <a href="#">Understanding Relationships</a></p>	<p><a href="#">Relationship pictures</a> <i>Squares of paper/sticky notes</i> <a href="#">Anonymous Questions template</a></p> <p>Additional Activities How Babies are Made DVD programme: All About Us: Living and Growing Alternative, Unit 3 Programme 7: <a href="http://www.channel4learning.com/">http://www.channel4learning.com/</a></p>
	<p><b>Learning Intention</b> To explore the process of conception and pregnancy</p> <p><b>Learning Outcomes</b> Describe the decisions that have to be made before having a baby Know some basic facts about pregnancy and conception</p>	<p>Lesson 3 <a href="#">Conception and Pregnancy</a></p>	<p><a href="#">How Does A Baby Start? cards</a> <a href="#">How Does A Baby Start? whiteboard summary</a> Anonymous Questions from previous lesson</p> <p>Additional Activities <a href="#">Conception and Pregnancy statements</a> <a href="#">Conception and Pregnancy Quiz</a> <a href="#">Conception and Pregnancy Quiz Answers</a> <a href="#">Pictures of male and female reproductive organs</a> Model materials: dried spaghetti (fallopian tubes) and poppy seeds (eggs)</p>
	<p><b>Learning Intention</b> To explore positive and negative ways of communicating in a relationship</p> <p><b>Learning Outcomes</b> To have considered when it is appropriate to share personal/private information in a relationship To know how and where to get support if an online relationship goes wrong</p>	<p>Lesson 4 <a href="#">Communicating in Relationships</a></p>	<p><a href="#">Relationship Question cards</a> <a href="#">Communication Scenario Cards</a> <a href="#">Communication Scenarios answers</a> <a href="#">Communication Scenarios whiteboard summary</a></p> <p>Additional Activities Film clip from <a href="http://www.thinkuknow.co.uk">www.thinkuknow.co.uk</a></p>



# How the RSE Curriculum will look at Oyster Park Primary Academy

## Impact

Through our RSE curriculum, we believe we can enhance children's education and help them to become confident individuals who have positive body awareness, an in-depth knowledge of how to keep themselves safe and healthy and who will, through respect, tolerance and understanding, forge and maintain positive relationships with a diverse range of family and friendship groups.

# RSE Policy at Oyster Park



Any Questions?