

QUALITY OF EDUCATION  
RSE Planning Overview

Year	Autumn	Spring	Summer
<b>Foundation Stage</b>	<b>To consider the routines and patterns of a typical day.</b> I can understand some areas in which the children can look after themselves e.g. dressing and undressing.	<b>To understand why hygiene is important.</b> I can explain why it is important to keep clean. I can understand some basic hygiene rules.	<b>To recognise that all families are different.</b> I can identify different members of the family I can understand how members of a family can help each other.
<b>Year 1</b>	<b>To understand some basic hygiene principles.</b> I can understand how to keep clean and look after oneself.	<b>To introduce the concept of growing and changing.</b> I can understand that babies become children and then adults. I know the difference between boy and girl babies.	<b>To explore different types of families and who to ask for help.</b> I know there are different types of families. I know which people we can ask for help.
<b>Year 2</b>	<b>To introduce the concept of male and female and gender stereotypes.</b> <b>To identify differences between male and females.</b> I can understand that some people have fixed ideas about what boys and girls can do. I can describe the difference between male and female animals.	<b>To explore some of the differences between males and females and to understand how this is part of the lifecycle.</b> I can describe some differences between male and female animals. I can understand that making a new life needs a male and a female.	<b>To focus on sexual difference and name body parts.</b> I can describe the physical differences between males and female. I can name the male and female body parts.
<b>Year 3</b>	<b>To explore the differences between males and females and to name the body parts.</b> I know some differences and similarities between males and females. I can name male and female body parts using agreed words.	<b>To consider touch and to know that a person has the right to say what they dislike and like.</b> I can identify different types of touch that people like and do not like. I can understand personal space I can talk about ways of dealing with unwanted touch.	<b>To explore different types of families and who to go to for help and support.</b> I can understand that all families are different and have different family members. I can identify who to go to for help and support.
<b>Year 4</b>	<b>To explore the human lifecycle.</b> I can describe the main stages of the human lifecycle I can describe the body changes that happen when a child grows up.	<b>To identify some basic facts about puberty.</b> I can discuss male and female body parts using agreed words. I know some of the changes which happen to the body during puberty.	<b>To explore how puberty is linked to reproduction.</b> I know about the physical and emotional changes that happen in puberty. I can understand that children change into adults so that they are able to reproduce.
<b>Year 5</b>	<b>To explore the emotional and physical changes occurring in puberty.</b> I can explain the main physical and emotional changes that happen during puberty. I can ask questions about puberty with confidence.	<b>To understand male and female puberty changes in more detail.</b> I can understand how puberty affects the reproductive organs. I can describe how to manage physical and emotional changes,	<b>To explore the impact of puberty on the body and the importance of hygiene.</b> <b>To explore ways to get support during puberty.</b> I can explain how to keep clean during puberty. I can explain how emotions change during puberty. I know how to get support and help during.
<b>Year 6</b>	<b>To consider puberty and reproduction.</b> I can describe how the body changes during puberty in preparation for reproduction, I can talk about puberty and reproduction with confidence.	<b>To consider physical an emotional behaviour in relationships.</b> I can discuss different types of adult relationships with confidence. I know what form of touching is appropriate.	<b>To explore the concept of conception and pregnancy.</b> I can describe the decisions that have to be made before having a baby. I know some basic facts about pregnancy and conception.  <b>To explore positive and negative ways of communicating in a relationship.</b> I can consider when it is appropriate to share personal/private information in a relationship. I know how and where to get support if an online relationship goes wrong.