

This week in celebration of the National Drowning Prevention Week, we have set some challenges focused around water safety.



### Spot the Danger

- Can you spot the dangers which could be in and around this river?
- Why is this a danger?
- What should they do instead to keep safe?



The River's a wanderer,  
 A nomad, a tramp,  
 He doesn't choose any one place  
 To set up his camp.



The River's a winder,  
 Through valley and hill  
 He twists and he turns,  
 He just cannot be still.

The River's a hoarder,  
 And he buries down deep  
 Those little treasures  
 That he wants to keep.

The River's a baby,  
 He gurgles and hums,  
 And sounds like he's happily  
 Sucking his thumbs.

The River's a singer,  
 As he dances along,  
 The countryside echoes  
 The notes of his song.

The River's a monster  
 Hungry and vexed,  
 He's gobbled up trees  
 And he'll swallow you next.



Read the poem, The River by Valerie Bloom.

How do you think this poem can relate to water safety?

What does it suggest about keeping safe near a river?





# Summer WATER SAFETY

When Summer hits it can be tempting to look for the nearest place to cool off.  
 Here are our top tips if you plan on going for a paddle:



**LOOK OUT  
FOR LIFEGUARDS**



**IT'S COLDER  
THAN IT LOOKS**



**DON'T GO  
TOO FAR**



**IT'S STRONGER  
THAN IT LOOKS**



**BRING A FRIEND**

[www.rlss.org.uk](http://www.rlss.org.uk)



What can you find out about water safety?

Complete research using the internet. Here are some suggested websites:



<https://canalrivertrust.org.uk/explorers/learning-from-home/rivers>

<https://rnli.org/youth-education/education-resources>

Remember the SMART online safety rules when using the internet.



Using what you know about water safety create an informative poster to advise other children on the possible dangers around water and how to avoid them.

There are some examples produced by the Canals Trust on the next page.

Create a water safety checklist.

Consider what you will need to do to be safe around these different areas:

- Canal
- River
- Swimming pool
- Sea
- Pond/lake



What would you do?

Read the scenario and think about what you would do:

Jack is walking along the river path with his mum and little sister Leah. All of sudden Jack hears a scream and a cry for help. Someone has fallen into the river. What should he do next?



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Stay **SAFE** near water

Swim somewhere safe on summer days

Swimming pools are fun - don't swim in canals

Always remember to stay **SAFE** near water -  
**Stay Away From the Edge.**

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Stay **SAFE** near water

Always visit canals and rivers with an adult you know

Never play near a canal or river on your own

Always remember to stay **SAFE** near water -  
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Stay **SAFE** near water

If you do fall in the water, remember to float!

Floating will help you feel calm and escape from the water safely

Always remember to stay **SAFE** near water -  
**Stay Away From the Edge.**

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Stay **SAFE** near water

Enjoy watching boats going through the locks

Remember the water is deep - Stay Away From the Edge

Always remember to stay **SAFE** near water -  
**Stay Away From the Edge.**